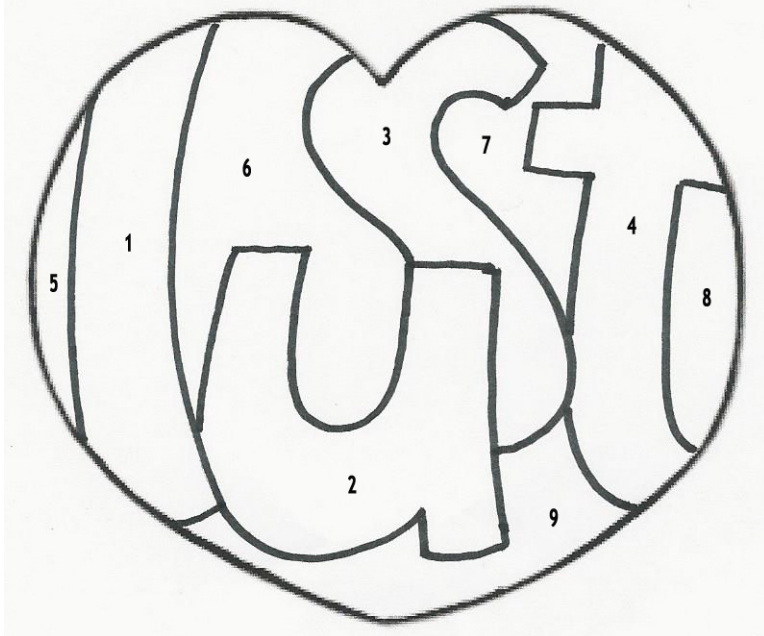




Use Fast-Piece Applique™ to quickly stitch your heart!



Enlarge pattern by 540%

- Cut a piece of freezer paper to 18" x 16": lay it over the enlarged pattern, copy all using permanent marker, and add hatch marks on the lines between adjacent pieces.

Select your fabric, then follow the steps below:

- Cut the freezer paper pattern by cutting directly on the lines.
- Iron (shiny side down) the freezer paper pattern piece to the right side of the fabric.
- Then cut out each pattern piece from leaving 1/2 inch extra around.

Sewing the pattern pieces together

- Following the stitching order. Lay pattern pieces side-by-side on the ironing board; Align the edge and hatch marks.
- Now lifting up the edge of one of the freezer paper pattern pieces; Slip the pieces together and leaving the width of a sewing machine needle between the edges, iron the freezer paper down.
- Next, straight stitch along the line between the pattern pieces, with a neutral thread in the top and bobbin.

Trimming

- After sewing the two pieces together, lift up pattern piece edge revealing the the excess fabric on the right side of the quilt, and trim this excess away using an appliqué scissors.

Panel Stitching Order

Start with: 1 to 5; 2 to 6; 3 to 7; 4 to 8

Then sew: 1/5 to 2/6 **Next sew:** 3/7 to 4/8

Then: 1-2/5-6 to 3-4/7-8 **Lastly:** stitch this together with 9

The heart is now ready to stitch into a quilt or make into a pillow!

For a basic Fast-Piece Applique™ lesson go to my You Tube video

<https://www.youtube.com/watch?v=CTsSR6efCks&feature=share>

Set-Ins Made Easy

- Take freezer paper patterns, iron onto selected fabrics.
- Cut each out leaving 1/2" around all sides, but do not cut out the fabric where the set-in will be.
- Lift the edge of background pattern piece and slide in the inner piece. Press both into place.
- Now, remove the inside paper and press.
- With both fabrics held in place by the freezer paper, stitch just along the inside edge using the paper as the guide, then trim.

